

<u>Generalized Anxiety Disorder Questionnaire</u> <u>(GAD-7)</u>

Please select each appropriate answer in the question as to over the last 2 weeks, how often have you been bothered by any of the following problems?

Use the following scale to choose the most appropriate number for each situation....

		frequency			
#s	Questions	Not At	Several	More Than Half	Nearly
		All	Days	of the Days	Every Day
1	Feeling nervous, anxious or on edge?	0	1	2	3
2	Not being able to stop or control worrying?	0	1	2	3
3	Worrying too much about different things?		1	2	3
4	Trouble relaxing?	0	1	2	3
5	Being so restless that it is hard to sit still?	0	1	2	3
6	Becoming easily annoyed or irritable?	0	1	2	3
7	Feeling afraid as if something awful might happen?	0	1	2	3
	Add Columns				
	Your GAD Scale Total Score Is				

Anxiety level based on score is;	no Anxiety (0-4)	mild (5-9)	moderate (10-14)	severe (15-21)



<u>Alcohol Screening Questionnaire</u> (AUDIT)

Our clinic asks all patients about alcohol use at least once a year. Drinking alcohol can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

One drink equals:



12 oz beer



5 oz. wine Y

1.5 oz. liquor (one shot)

				Т	Т	1
1.	How often do you have a drink containing alcohol?	Never	Monthly or Less	2-4	2-3	4 or more
				Times a	Times a	Times a
			Of LC33	Month	Week	Week
2.	How many drinks containing alcohol do you	0-2	3 or 4	5 or 6	7 - 9	10 or
	have on a typical day when you are drinking?		3014			more
3	How often do you have four or more drinks on		Less than			Daily or
] 3.	one occasion	Never	monthly	Monthly	Weekly	almost
	one occasion		monuny			daily
4.	How often during the last year have you found that you were not able to stop drinking once you		Less than			Daily or
		Never	monthly	Monthly	Weekly	almost
	had started?		monthly			daily
5.	How often during the last year have you failed to do what was normally expected of you because	Never	Less than monthly	Monthly	Weekly	Daily or
						almost
	of drinking?		monthly			daily
6.	How often during the last year have you needed a first drink in the morning to get yourself going	Never	Less than monthly	Monthly	Weekly	Daily or
						almost
	after a heavy drinking session?		monthly			daily
7	How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or
'						almost
	reening of guilt of femorse after drinking:					daily
8.	How often during the last year have you been		Less than			Daily or
	unable to remember what happened the night	Never	monthly	Monthly	Weekly	almost
	before because of your drinking?		monthly			daily
9.	Have you or someone else been injured because of your drinking?			Yes, but		Yes, in
٦.		No		not in the		the last
	or your urniking:			last year		year
10	. Has a relative, friend, doctor, or other health care			Yes, but		Yes, in
	worker been concerned about your drinking or	No		not in the		the last
	suggested you cut down?			last year		year

Have you ever been in treatment for an alcohol problem?	□ Never	☐ Currently	\Box In the past
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	I	II	III	IV
M	0-4	5-14	15-19	20+
W	0-3	4-12	13-19	20+

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<u>Patient Health Questionnaire</u> <u>(PHQ-9)</u>

Please select each appropriate answer in the question as to over the last 2 weeks, how often have you been bothered by any of the following problems?

Use the following scale to choose the most appropriate number for each situation....

frequency					
#s	Questions	Not At	Several	More Than Half	Nearly Every
		All	Days	of the Days	Day
1	Little interest or pleasure in doing things	0	1	2	3
2	Feeling down, depressed, or hopeless	0	1	2	3
3	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4	Feeling tired or having little energy	0	1	2	3
5	Poor appetite or overeating	0	1	2	3
6	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8	Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
	Add Columns				
	Your PHQ-9 Scale Total Score Is				

If you checked off any of the problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	
Somewhat difficult	
Very difficult	
Extremely difficult	

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an educational grant from Pfizer Inc
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Mid Cities Psychiatry provides Transcranial Magnetic Stimulation aka TMS Therapy.

TMS Therapy is an alternative treatment for patients suffering from depression for whom medication has proven ineffective. and provides new hope for people who want to reduce or possibly eliminate the use of prescription medications to treat their depression.

Patient agrees to be contacted by a patient advocate to know more about TMS Therapy....

Yes	No		
Name of Patient		Date of Birth	
Signature of Patient or Responsible Party (if minor Patient)		Date	

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